

Healthy Seafood Cookery



Adult

This is the ideal class for those wishing to gain knowledge of seafood cookery and the many savoury dishes and their health benefits.

Seafood is highly nutritious, providing a source of healthy fats, protein, vitamins, and minerals. You'll learn how to cook several seafood dishes and will leave with the skill to make healthy meals at home for you and your family.

This course is free, however, there is a fee of £30 to cover ingredients and teaching materials.



Scan the QR Code for full course description, assessment and progression options from this course



ENTRY REQUIREMENTS



LOCATION & NEXT START DATE(S)

Cornwall College Camborne - 16 May 2025



LEVEL No Qualification	DURATION 2 Evenings, 6-9pm
ATTENDANCE Part-time	FEES Tuition Fees: £24.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.



Find out more and apply online



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Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



Find out more and
apply online

