

Introduction to Art for Wellbeing



Adult

This course is run at Boundervean Resource Centre, Camborne.

On this course you will explore a variety of mixed media, methods and technologies to produce creative artwork. and develop your skills through observation and experimentation. lessons are planned to be flexible and relaxed with the emphasis being on gaining self- confidence and encouraging self -awareness. You will develop an in-depth exploration or Art History, colour theory, paint applications and drawing skills

The tutor will give you guidance to achieve your goals which you can adapt to make your own creations. You will develop your ideas by considering design, form and function.

The Road to Wellbeing courses are relaxed and informal, enabling you to improve your wellbeing and mental health by building your self-confidence and self -esteem. Attending our classes is also a great way of meeting new people and making friends.



Scan the QR Code for full course description, assessment and progression options from this course

ENTRY REQUIREMENTS



LOCATION & NEXT START DATE(S)

Boundervean Resource Centre - As required
Boundervean Resource Centre - As required
Boundervean Resource Centre - As required



LEVEL No Qualification	DURATION 10-13 weeks
ATTENDANCE Part-time	FEES Tuition Fees: £0.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees



Find out more and apply online



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may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.

Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



**Find out more and
apply online**

