

# Mental Health First Aid and Mental Health Advocacy in the Workplace Certificate Level 2

Adult

Employer Training



Around 450 million people currently experience mental health problems. Recent reports suggest that over 12 million working days were lost due to work-related stress, depression or anxiety in just one year. It's important that employers are transparent and open about mental health issues. Increasing the understanding of mental health among staff at all levels builds a culture of care and support.

In this fully online course, you'll build an understanding of mental health problems and the support available in the workplace. You will learn how to support individuals with their mental health, as well as what a mentally healthy environment is like.



Scan the QR Code for full course description, assessment and progression options from this course



## ENTRY REQUIREMENTS

- 19+
- Currently live in England
- Resident in the UK/EU for 3+ years
- L1 Literacy Initial Assessment
- Computer access



## LOCATION & NEXT START DATE(S)

- Cornwall College St Austell - As required
- Cornwall College St Austell - As required



<b>LEVEL</b> Level 2	<b>DURATION</b> 12 weeks
<b>ATTENDANCE</b> Distance Learning	<b>FEES</b> Tuition Fees: £0.00

Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.



Find out more and apply online



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## Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



Find out more and apply online

