

Gardening – Your Road To Wellbeing



Adult

On this course you will develop your gardening skills whilst working as part of the team to maintain and enhance community centre grounds. As well as planting herbs, plants and shrubs you will also learn how to take cuttings, propagate, and maintain and develop the established gardens at one of our off-site locations.

Richmond House, Penzance – Wednesdays 10am – 12:30pm
and 1pm – 3:30pm
Liskerrett Centre, Liskeard – Thursdays 10am – 4pm
Coach House, Liskeard – Fridays 10am – 3pm

Richmond House has a small greenhouse, many containers and a small vegetable area and fruit trees.

Liskerrett Centre has a polytunnel, containers and areas suitable for growing a variety of produce and fruit trees. You will also help support the community store within the centre.

The Coach House has a large polytunnel, small greenhouse, sheds, many containers and a small vegetable area and fruit trees. It is a peaceful area to learn gardening skills, how to use plants in a culinary and medicinal way, designing the garden, companion planting, composting and organic gardening.

At all locations you will be encouraged to focus on areas of interest to you with tutor support.

Our road to wellbeing courses are relaxed and informal, enabling you to improve your wellbeing and mental health, building your self-confidence, and they are a great way to make friends.

Our courses are for anyone aged 19+ who is experiencing or recovering from mental ill-health.

Our courses run one day per week, over 10 to 13 weeks per term. If you miss the start of the course don't worry, you can join the course at any time.



Scan the QR Code for full course description, assessment and progression options from this course



**Find out more and
apply online**



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ENTRY REQUIREMENTS

No formal entry requirements



LOCATION & NEXT START DATE(S)

Boundervean Resource Centre - As required



LEVEL

No Qualification

DURATION

10 - 13 Weeks

ATTENDANCE

Part-time

FEES

Tuition Fees: £38.00



Fees apply to adults and HE students only. Only the most common fees scenario is shown. Actual fees may vary depending on your personal situation. Please contact us for further information. Courses listed on this website are indicative of the subject, nature and level of study. The College reserves the right to alter specific qualifications titles, awarding bodies and levels of qualification, which can change in year. Any cost may also vary, based on personal funding eligibility. The Cornwall College Group reserves the right to withdraw any course listed at any time.

Explore Our Courses & Apprenticeships

Join us for a campus tour, meet our dedicated team, and get all your questions answered. Scan the QR code to register for our next Open Event or Taster Day.



Find out more and apply online

